



2018 7th and 8th Grade Cross Country

Our Season:

The 7th and 8th grade cross country season will begin this August. Practices will officially begin after our parent information meeting which will be held mid-August. Practice will be Monday-Thursdays after school until 5:00 at AJHS. Most meets will be on Saturday mornings or Thursday afternoons, and athletes will always compete on a 2-mile course.

Optional Summer Conditioning:

Tuesdays and Thursdays

8:00-9:00 am

Auburn Junior High School Track

Student Eligibility:

To make sure your athlete will be eligible to run, make sure they have a current physical on file with the athletic department, and complete the paperwork found under the "Student Athlete Eligibility Forms" tab of the ACS Athletic Department page.

We are looking forward to a great season! If you have any questions or concerns, please contact Coach Tofani at ontofani@auburnschools.org or Coach Stewart at jhstewart@auburnschools.org.